

Services

Hot Rock Massage:

This unique massage involves three stages, the first is warming up the tissues with a warm oil blend, then coming in and massaging the muscles with smooth, warm basalt stones, after which warm stones are placed on various places on the body leaving you in a warm cocoon like environment.

The hot stone massage gives a deep relaxation to the massage experience. Various techniques are used and released. 1 1/2 hour - \$45.

Swedish:

The Swedish massage is a classic form of massage. It uses long, gliding strokes to relax the superficial layers of the muscle and improve physical health. It includes increased blood circulation, physical relaxation, muscle tension, and improved circulation. 1 1/2 hour - \$40, 1 hour - \$25.

Reflexology:

Reflexology is based on the theory that various reflex areas on the feet correspond to various parts of the body. By applying pressure using the fingers to stimulate the reflex areas, the body is able to achieve a state of homeostasis. 1 hour - \$45.

Thai Yoga Massage:

This massage involves a unique blend of a Thai massage with Hatha Yoga. The practitioner uses acupressure points, gentle stretching, and Yoga. It is an exhilarating massage with long-lasting effects, such as prevention for many common ailments. 1 1/2 hours - \$75.

Thai Foot Massage:

Thai Foot Massage is a massage of the lower legs and feet that involves hands on stretching and massage to open Sen (energy) Lines, along with the use of a stick to stimulate the reflex points on the feet which correspond to the internal organs of the body. Thai Foot Massage stimulates these points to promote general health and well-being. 1 1/2 hours - \$45.

Scrubs:

Exfoliate your skin radiance by giving yourself the treatment of a stimulating salt scrub which removes dead skin, or a body polish which is a gentle exfoliant ideal for sensitive skin. Both scrubs hydrate and soften the skin, smoothing away dry patches, leaving your skin with a fresh, glowing appearance. There is an option to have a massage by a massage therapist.

1 1/2 hour - \$50.
1 hour - \$35.

For a full body treatment by having a massage therapist cover the entire body with a scrub, the skin, promotes skin tone. The option to have a massage wrap is available.

1 1/2 hour - \$75.

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Gift Certificates:

Gift Certificates are available with a six month expiration from the date of purchase. Gift certificates are non-refundable.

Packaged Deals:

Buy 3 or more massages for \$10 off total purchase price.



*Escape to the spa
without leaving your home.*


MARINA JESSOP

